

Proof of Morse index theorem

Recall we have $I(f_T, f_T) = \int_a^b (f')^2 dt \geq 0$, " $=$ " $\Leftrightarrow f \equiv 0$.

$f(a) = f(b) = 0$

$I(f_T, U) = 0, \forall U \in \mathcal{V}_0(a,b), \langle U, T \rangle = 0$

So we can restrict ourself to the subspace

$$\mathcal{V}_0^\perp(a,b) := \{X \in \mathcal{V}_0(a,b) \mid \langle X, T \rangle = 0\}$$

When studying index and nullity of γ .

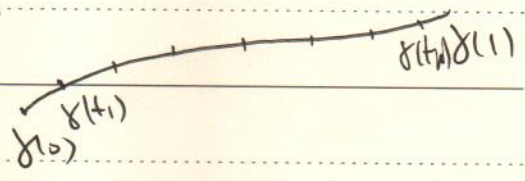
For simplicity, let's take $(a,b) = (0,1)$.

Firstly, we show $\text{ind}(\gamma) < \infty$.

~~Consider the~~ We first explain that ~~that~~ we can find a finite-dim subspace T_i of $\mathcal{V}_0^\perp(0,1)$ s.t, the index, nullity of I ~~do not~~ do not change when restricting to T_i .

By considering the open covers of $\gamma|_{[0,1]}$

by the totally normal neighborhood of each $\gamma(t), t \in [0,1]$, we can



find a finite subdivision, $0 = t_0 < t_1 < \dots < t_k < t_{k+1} = 1$

such that $\gamma|_{[t_i, t_{i+1}]}$ lies in a totally normal neighborhood U_i .

In particular, $\gamma|_{[t_i, t_{i+1}]}$ contains no conjugate point for each i .

Define:

$$T_1 := T_1(1) := \left\{ X \in \mathcal{V}_0^\perp : X \text{ is Jacobian along each } \gamma|_{[t_i, t_{i+1}]} \right. \\ \left. \forall i=0, \dots, k \right\}$$

piecewise Jacobian.

$$T_2 := T_2(1) = \left\{ X \in \mathcal{V}_0^\perp : X(t_i) = 0, \forall i=0, \dots, k+1 \right\}$$

Lemma A. We have (i) $\mathcal{V}_0^\perp(0,1) = T_1 \oplus T_2$.

(ii) $I(T_1, T_2) = 0$

(iii) $I|_{T_2}$ is positive definite.

Proof: Consider the map

$$\varphi : T_1 \longrightarrow T_{\gamma(t_0)} M \oplus \dots \oplus T_{\gamma(t_k)} M \\ J \longmapsto (J(t_0), \dots, J(t_k))$$

Clearly, this is a linear map, and 1-1.

(Since on $\gamma|_{[t_i, t_{i+1}]}$, J is uniquely determined by $J(t_i)$ and $J(t_{i+1})$.)

Therefore φ is a linear isometry. In particular, $\dim T_1 = nk < \infty$.

Given any $X \in \mathcal{V}_0^\perp(0,1)$. Let $J_x := \varphi^{-1}(X(t_0), \dots, X(t_k))$.

Then we have $J_x \in T_1$, $X - J_x \in T_2$.

Moreover, $T_1 \cap T_2 = \{0\}$ since $J(t_i) = 0 = J(t_{i+1}) \Rightarrow J \equiv 0$ on $\gamma|_{[t_i, t_{i+1}]}$.
This shows (i) $\mathcal{V}_0^\perp(0,1) = T_1 \oplus T_2$.

For (ii), we have $\forall X_1 \in T_1, X_2 \in T_2$

$$I(X_1, X_2) = \langle \nabla_T X_1, X_2 \rangle \Big|_0 - \sum_{j=1}^k \langle \nabla_{T(t_j^+)} X_1 - \nabla_{T(t_j^-)} X_1, X_2 \rangle \\ = 0.$$

For (iii). For any $X \in T_2$,

$$I(X, X) = \sum_{i=0}^k I_{t_i}^{t_{i+1}}(X_i, X_i) > 0. \quad \square$$

By Lemma A, we obtain immediately,
 $ind(\gamma) \leq dim(\Pi) < \infty$.

and the index of nullity of $I|_{\tau}$, equal to $ind(\gamma)$, $N(\gamma)$ respectively.

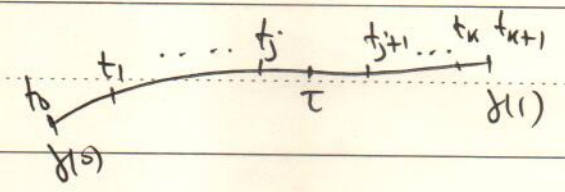
Lemma B (i) $\forall \tau \in (0, 1)$, $\exists \delta > 0$, s.t. $\forall \varepsilon \in [0, \delta]$ we have

$$ind(\tau - \varepsilon) = ind(\tau) = ind(\tau)$$

(ii) $\forall \tau \in [0, 1)$, $\exists \delta > 0$ s.t. $\forall \varepsilon \in [0, \delta]$, we have

$$ind(\tau + \varepsilon) = ind(\tau) + N(\tau)$$

Proof: For given τ , we can assume the division we choose previously has the property that $\tau \in (t_j, t_{j+1})$.



Denote $T_{\tau}(\tau) := \left\{ X \in \mathcal{U}_0^{\perp}(0, 1), X|_{[t_i, t_{i+1}]} \text{ is Jacobian, } i=0, \dots, j-1 \right\}$
 $X|_{[t_j, \tau]} \text{ is also Jacobian}$

Similarly, consider

$$\varphi^{\tau} : T_{\tau}(\tau) \rightarrow T_{\gamma(t_1)} M \oplus \dots \oplus T_{\gamma(t_j)} M$$
$$X \mapsto (X(t_1), \dots, X(t_j))$$

is a linear isometry.

$I_0^{\tau}|_{T_{\tau}(\tau)}$ can be considered as ~~the~~ a ~~bilinear~~ quadratic form over $T_{\gamma(t_1)} M \oplus \dots \oplus T_{\gamma(t_j)} M$. in the sense

$$I_0^{\tau}(x, y) := I_0^{\tau}((\varphi^{\tau})^{-1}(x), (\varphi^{\tau})^{-1}(y))$$

Note $ind(\tau)$ is the index of $I_0^{\tau}|_{T_{\tau}(\tau)}$.

Hence $\forall X, Y \in T_1(\tau)$, denote $X_i = X|_{[t_i, t_{i+1}]}$, $X_j = X|_{[t_j, \tau]}$
 $I_0^\tau(X, Y) = \sum_{i=0}^{j-1} \langle \nabla_T X_i, Y \rangle|_{t_i}^{t_{i+1}} - \langle \nabla_T X_j(t_j), Y(t_j) \rangle$

For ~~given X, Y~~ , given division $0 = t_0 < t_1 < \dots < t_j < t_{j+1} < \dots < t_{n+1} = 1$.

the $T_1(\tau) \cong T_{\gamma(t_1)} M \oplus \dots \oplus T_{\gamma(t_j)} M$ is a fixed vector space. So when τ changes, only $\langle \nabla_T X_j(t_j), Y(t_j) \rangle$ change in $I_0^\tau(x, y)$, where $x = (x^1, \dots, x^j)$, $y = (y^1, \dots, y^j) \in \bigoplus_{i=1}^j T_{\gamma(t_i)} M$

X_j and Y are Jacobi field on $[t_j, \tau]$ with

$$X_j(t_j) = X^j, X_j(\tau) = 0$$

$$Y(t_j) = y^j, Y(\tau) = 0$$

By construction, $\gamma|_{[t_j, t_{j+1}]} \subset U_j$ a totally normal neighborhood. Hence ~~any~~ geodesics ~~lying~~ inside U_j depends smoothly on their endpoints.

Since Jacobi fields are variational vector fields on geodesic variations, we have $X_j, Y|_{[t_j, \tau]}$ also depends continuously on endpoints $\gamma(t_j)$, and $\gamma(\tau)$.

Therefore $-\langle \nabla_T X_j(t_j), Y(t_j) \rangle$ depend are smooth w.r.t τ .

That is $I_0^\tau(x, y)$ is a continuous w.r.t. τ for given x, y .

So for $x \in \bigoplus_{i=1}^j T_{\gamma(t_i)} M$, $I_0^\tau(x, x) < 0$ implies \circledast

$$\exists \delta > 0 \text{ s.t. } I_0^{\tau \pm \delta}(x, x) > 0, \forall \tau \in [\tau, \tau + \delta]$$

This tells $ind(\tau \pm \delta) \geq ind(\tau)$ (1)

and $ind_+(\tau \pm \delta) \geq ind_+(\tau)$ (2)

(Notation. Explanation: $I_0^\tau: T_1(\tau) \times T_1(\tau) \rightarrow \mathbb{R}$ quadratic form.

By linear algebraic theory, the linear space $T_1(\tau)$ can be

subspaces	dimension
• maximal positive definite subspace	$\text{ind}_+(\tau)$
• maximal negative definite subspace	$\text{ind}(\tau)$
• null space $\{X \in T_1(\tau) \mid I(X, Y) = 0, \forall Y \in T_1(\tau)\}$	$N(\tau)$

$$n_j = \dim \left(\bigoplus_{i=1}^j T_{\delta(t_i)} M \right) = \text{ind}_+(\tau) + \text{ind}(\tau) + N(\tau)$$

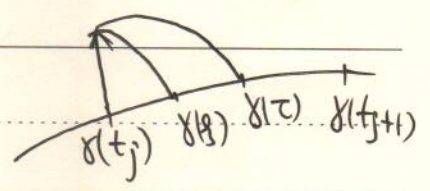
Using $\text{ind}_+(\tau) = n_j - \text{ind}(\tau) - N(\tau)$, we derive from (2)

that $n_j - \text{ind}(\tau \pm \epsilon) - N(\tau \pm \epsilon) \geq n_j - \text{ind}(\tau) - N(\tau)$

i.e. ~~$\text{ind}(\tau) \leq \text{ind}(\tau \pm \epsilon)$~~
 $\text{ind}(\tau \pm \epsilon) \leq \text{ind}(\tau) + N(\tau) - N(\tau \pm \epsilon)$
 $\leq \text{ind}(\tau) + N(\tau)$ (3)

Combining (1) and (3) gives $\text{ind}(\tau) \leq \text{ind}(\tau \pm \epsilon) \leq \text{ind}(\tau) + N(\tau)$ (4)

For any δ , $t_j < \delta < \tau < t_{j+1}$,



$\forall x \in \bigoplus_{i=1}^j T_{\delta(t_i)} M$, we have

$$I_0^\delta(x, x) - I_0^\tau(x, x) = I_{t_j}^\delta(X_{j,\delta}, X_{j,\delta}) - I_{t_j}^\tau(X_{j,\tau}, X_{j,\tau})$$

where $X_{j,\delta}$ is the Jacobi field with $X_{j,\delta}(t_j) = X_j$, $X_{j,\delta}(\delta) = 0$
 $X_{j,\tau}$ " " " " $X_{j,\tau}(t_j) = X_j$, $X_{j,\tau}(\tau) = 0$

By Minimizing property of Jacobian field, we have

$$I(X_{j,\tau}, X_{j,\tau}) \leq I(X_{j,\delta}, X_{j,\delta})$$

and "=" holds iff $X_{j,\tau} = X_{j,\delta} \Leftrightarrow X_{j,\tau} = 0$

~~Observe (1)~~

That is,

$$I_0^{\tau}(x, x) \leq I_0^{\beta}(x, x), \text{ and " = " holds iff } x_{j_i} = 0.$$

~~Observe~~ Hence

$$(i) I_0^{\beta}(x, x) < 0 \Rightarrow I_0^{\tau}(x, x) < 0$$

(ii) Let $x \neq 0$ be in the null space of I_0^{β} . Then

$(\varphi^{\beta})^{-1}(x) \in \mathcal{V}_0^{\perp}(0, \beta)$ is a \nearrow Jacobi field vanishing (normal) at $t=0$ and β .

Observe that $x_j = (\varphi^{\beta})^{-1}(x)(t_j) \neq 0$. Since otherwise, we have $(\varphi^{\beta})^{-1}(x)|_{[t_j, \beta]} \equiv 0$ ($\forall [t_j, \beta]$ contains no conjugate pt.)

and therefore $(\varphi^{\beta})^{-1}(x) \equiv 0 \Rightarrow x \equiv 0$, contradicting to $x \neq 0$.

Therefore, we have

$$I_0^{\tau}(x, x) < I_0^{\beta}(x, x) = 0, \quad \forall x \in \text{the null space of } I_0^{\beta}$$

In conclusion, (i) + (ii) implies

$$\text{ind}(\tau) \geq \text{ind}(\beta) + M(\beta) \quad (5)$$

We have

$$\text{ind}(\tau) \stackrel{(4)}{\leq} \text{ind}(\tau - \varepsilon) \stackrel{(5)}{\leq} \text{ind}(\tau) - N(\tau - \varepsilon) \leq \text{ind}(\tau). \Rightarrow \text{ind}(\tau) = \text{ind}(\tau - \varepsilon)$$

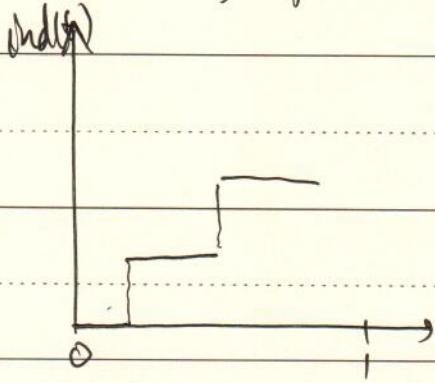
$$\text{ind}(\tau + \varepsilon) \stackrel{(4)}{\leq} \text{ind}(\tau) + N(\tau) \stackrel{(5)}{\leq} \text{ind}(\tau + \varepsilon). \Rightarrow \text{ind}(\tau + \varepsilon) = \text{ind}(\tau + N(\tau))$$

□

Proof of Morse Lemma B \Rightarrow if $\gamma(\tau)$ is not a conjugate point of $\gamma(0)$, $\exists \delta > 0$ s.t. $\text{ind}(t)|_{(\tau-\delta, \tau+\delta)}$ is constant.

if $\gamma(\tau)$ is conjugate to $\gamma(0)$, $\exists \delta > 0$ s.t. $\text{ind}(t)|_{(\tau-\delta, \tau)}$ is constant and $\text{ind}(t)|_{(\tau, \tau+\delta)}$ is also constant.

And the jump size of $\text{ind}(t)$ at $t = \tau$ is $N(\tau)$.



So when t change from 0 to 1, $\text{ind}(t)$ changes from 0, and jump $N(\tau) \geq 1$ whenever τ is a conjugate value.

Since $\text{ind}(1) < \infty$, we know this jump can only happen finitely many times.

$$\Rightarrow \text{ind}(1) = \sum_{0 < \tau < 1} N(\tau)$$

□